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PRESS RELEASE #2

PROJECT: EU-COLPBOL

PROGRAMME: ERASMUS+ SPORT

PROJECT TITLE: IMPLEMENTATION OF COLPBOL SPORT AT EUROPEAN LEVEL AS A TOOL TO IMPROVE THE QUALITY OF LIFE PERSONS WITH INTELLECTUAL DISABILITIES

PROJECT NUMBER: 623073-EPP-1-2020-ES-SPO-SCP

Co-creation Sessions with contributions of stakeholders

First milestone on the progress of EU-COLPBOL

After six months of working together, the partners of EU-COLPBOL consortium have held their Second Transnational Meeting, in which they have shared and evaluated the progress of the Project and the results of the Co-Creation Sessions carried out in each country.

Because of the situation in Europe by the COVID-19, partners of the transnational consortium have not been able to travel to Romania, where the meeting should have been held. Therefore, the meeting has been carried out by videoconference, hosted by the University of Craiova, with the collaboration of COPAVA.

The meeting, which was held over two days, presented the following general points on the agenda:

- Review of the Project Timeline and steps done so far;
- Presentation of the Co-Creation Session Global Report;
- Overview of Training Packages (IO.1, IO.2 and IO.3);
- Discussion about distribution of work for each IO in between partners
- Dissemination and management follow-up

Members of the work teams have had the opportunity to briefly present how the co-creation sessions have been developed in each country. Adapting to the domestic regulations, Spain and Romania have been able to organize the co-creation sessions face-to-face, a significant advantage, taking into account that the practical aspect is essential in sports activities. Greece and Lithuania have developed the theoretical part of the session by videoconference, since the restrictions of these countries did not allow face-to-face meetings. As soon as the rules allow it, partners from these two countries will proceed with the practical session.

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In order to optimize the development and obtain better results, entities from each country have joined forces to carry out the sessions: In Spain, COPAVA and AE Colpbol; in Greece, EDRA and NKUA; in Romania, ALDO-CET and University of Craiova; in Lithuania the co creation sessions was developed by Kauno Kolegija. In this way, entities linked to the disability sector and entities specialized in sport have been able to work together, each contributing their expertise and knowledge.

In summary, a total of 118 people have participated in the co-creation sessions, distributed in the following profiles:

- 17 facilitators
- 35 Persons with Intellectual Disabilities
- 31 Supports (Relatives and Disabilities Sector Professionals)
- 35 Sports Professionals

After collecting the contributions made by the participants, interesting conclusions have been drawn such as:

- Colpbol is a sport originally inclusive that does not need significant adaptations to be able to play with PwDI, but intrinsically it can already be played by anyone by its very nature.
- Colpbol is a sport that encourages the participation of everyone, regardless of their abilities
- Physical or cognitive limitations of the participants can be integrated into the game
- It promotes cooperation, social relationships and teamwork, with the added value of mixed teams
- Colpbol's ball is accessible to all, light and easy to handle.
- It improves the Quality of Life: participants with ID have valued positively that sport allows them to make friends and have fun.

All these aspects and other key points will be taken in account in the next steps of the project from now: the development of the 3 Training Packages (for PwID, Supports and Sports Professionals). A detailed Deployment of the Topics of the Training Packages has been presented by COPAVA to the partners in order to distribute properly the tasks so that each entity has been able to study the contents and decide to which ones it can make a better contribution.

Regarding Dissemination aspects, the technological partner, CSI (Cyprus), has presented the project's website (<https://europe-colpbol.eu/>) and asked for feedback from all the partners regarding accessibility and usability. Moreover, COPAVA presented the evolution of dissemination in social networks and the design of different materials to be developed and used by all partners in public events.

In summary, we can affirm that after the Second Transnational Meeting, EU-COLPBOL Project, despite the restrictions due to the pandemic situation, has more than achieved all the objectives set in its initial phase and continues to advance strongly, teams continue to work highly motivated and face the next stage with enthusiasm and energy.

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Photos:



CO-CREATION SESSION IN ROMANIA by ALDO-CET and University of Craiova



CO-CREATION SESSION IN SPAIN by COPAVA and Associació Esportiva COLPBOL

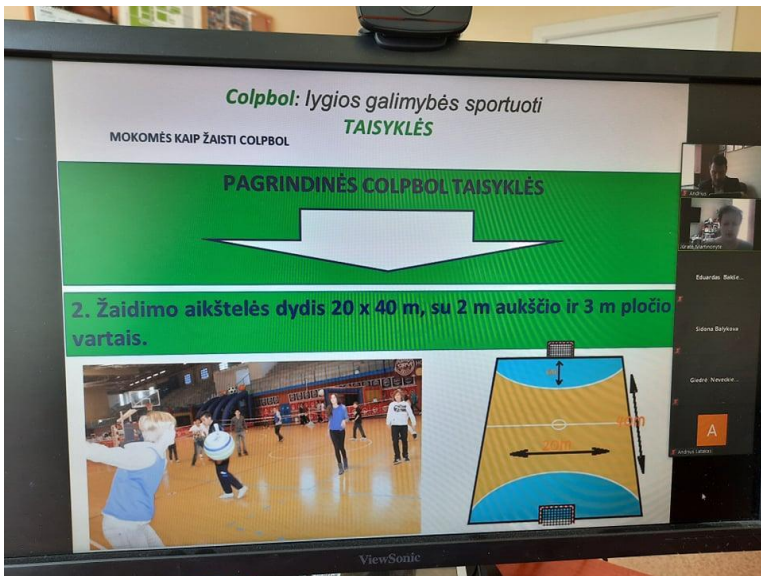
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CO-CREATION SESSION IN GREECE by EDRA and NKUA



CO-CREATION SESSION IN LITHUANIA by Kaunos Kolegija

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